

Proud, Prepared, and Protected 2SLGBTQ+ Canadian Healthcare Bill of Rights for Advanced Illness, Frailty, and End of Life

Your rights . . .



The right to healthcare that is free of discrimination under the *Canadian Charter of Rights and Freedoms* regardless of your sexual orientation, gender identity, or gender expression.

- You cannot be denied healthcare, and you have the right to receive respectful care.



The right to decide your wishes for future healthcare and who will be your advocate if you cannot or choose not to speak for yourself.

- You have the right to create an advance care plan and/or a healthcare directive that outlines your wishes for future care and the right to have those wishes respected.
- You have the right to identify a person to make health decisions for you if you cannot or choose not to.



The right to have your gender identity and expression respected.

- You deserve to feel safe sharing and expressing your gender identity.
- You have the right to be called by your chosen name and pronouns.
- You have the right to use the restroom facilities of your choice.



The right to decide who does and does not visit you, regardless of your legal or biological relationship.

- Healthcare facilities cannot prevent you from having visitors based on sexual orientation, gender identity, or gender expression.
- Note: Other circumstances, such as pandemic restrictions, may limit visitors to healthcare facilities.



The right to the privacy of your healthcare records and your identity.

- You have a right to the privacy of your medical records and care under provincial or territorial legislation.
- Your medical information can only be shared if it is necessary to provide you with care or if you give permission to share it.



The right to protest if you are discharged due to discrimination.

- You have a right to dispute being discharged or transferred from a healthcare facility.



The right to refuse any treatments that are discriminatory or harmful to 2SLGBTQ+ people, such as conversion therapy.

- If you have concerns that a treatment is discriminatory, you have the right to ask for proof that it is an accepted healthcare practice.



Rights specific to Two-Spirit and Indigenous LGBTQ+ people.

- Rights as outlined in the *Canadian Human Rights Act*.
- Proposed rights as outlined in the *United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP)*.

If your rights are not respected, reach out to:

- Health facility administration, if applicable.
- 2SLGBTQ+ organization in your area.
- Human Rights agency in your province or territory.

This is one of a series of *Proud, Prepared, and Protected* tools developed with the 2SLGBTQ+ community.

Also available at virtualhospice.ca/2SLGBTQ:

- Full version of the 2SLGBTQ+ Bill of Rights.
- Wallet card.
- Articles, videos, resources.
- Tools to think about and communicate what is important to you.
- My Choices for Safe and Inclusive Care.
- Planning for My Care.



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Over 40 2SLGBTQ+ partner organizations contributed to this work.

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